Freidorf, 31.10.2026

# Nutritional information Krill Oil Capsules

| Nutritional values / Average values | 1 daily serving (1 capsule) contains |
|---|---|
| Energy | 20 kJ / 5 kcal |
| Fat | 0.48 g |
| of which | |
| - saturated fatty acids | 130 mg |
| - trans fatty acids | 0.9 mg |
| - monounsaturated fatty acids | 92 mg |
| - polyunsaturated fatty acids | 186 mg |
| - of which Omega-3 fatty acids | 170 mg |
| - of which EPA | 90 mg |
| - of which DHA | 50 mg |
| - Total EPA + DHA | 140 mg |
| - of which Omega-6 fatty acids | 15 mg |
| Carbohydrates | 0 g |
| - of which sugars | 0 g |
| Protein | 0.2 g |
| Salt | 0 g |
| Phospholipids | 215 mg |

**Hinweis:** Dieses PDF enthält ausschliesslich allgemeine Informationen zu Nährwerten und Inhaltsstoffen. Die Angaben erfolgen ohne Gewähr und stellen keine medizinische Beratung oder verbindliche Auskunft dar.

**Alpinamed AG**

Alte Landstrasse 11
CH-9306 Freidorf

+41 71 454 70 80
+41 71 454 70 83

admin@alpinamed.ch
www.alpinamed.ch